

Virtual
Edition

February 9 to 11
2022



Annual Specialty Day
**Pediatric Surgery
for Non Surgeons**

**Practical
Problems
in Pediatrics**

www.pedscourses-mch-mcgill.ca



The Montreal Children's Hospital Pediatric Courses

Philosophy and Objectives

Our courses are designed to allow pediatricians, family medicine physicians, subspecialists, nurses, and allied health care individuals to work in a partnership to provide the highest level of care, whether it be for common problems seen every day or for more complex diseases with low frequency but potential morbidity. We plan to bring you the latest evidence available that either confirms the standard of care or will substantially change patient care. **We are here to translate knowledge into care for our patients and families.**

Our Faculty includes members of several departments of the Montreal Children's Hospital, as well as colleagues from other respected institutions. Please visit www.pedscourses-mch-mcgill.ca to learn more about them.

Course Coordinators:

Annual Specialty Day: **Pediatric Surgery for Non Surgeons**

February 9, 2022

Sherif Emil, MD, CM

Practical Problems in Pediatrics

February 10-11, 2022

Holly Agostino, MD

Sara Long-Gagné, MD

John Yaremko, MD

David Rothstein, MD

Virtual Sign-in

Attendance is required in order to receive attestation letters. Logging onto the Virtual Platform with your email address will replace the need for daily sign-in. An electronic record of your participation will be provided to accrediting bodies following the event.

Declaration of Potential Conflict of Interest

Speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of this program.

Course Secretariat MCH Pediatrics Courses

c/o O'Donoghue & Associates
Event Management Ltd.

75 chemin Mountain, Mansonville,
Québec, Canada J0E 1X0

Tel.: 450-292-3456, ext. 227

Fax: 450-292-3453

E-Mail: pedscourses@odon.ca

Pediatric Surgery for Non Surgeons

Course Objectives

By the end of this course, participants will be able to:

- ✓ Recognize common pediatric diagnoses that require the care of a pediatric surgeon.
- ✓ Understand the appropriate work-up of common pediatric surgical conditions.
- ✓ Understand the indications for referral to a pediatric surgeon or pediatric dentist.
- ✓ Understand the contemporary outcomes of common pediatric surgical conditions.

Wednesday, February 9, 2022

7:30 - 8:00 Sign-In and Visit Exhibitors

8:00 - 8:15 **Introduction to the programme**
Sherif Emil, MD, CM

8:15 - 8:50 **Tread Carefully: Breast Lesions in Children and Adolescents**

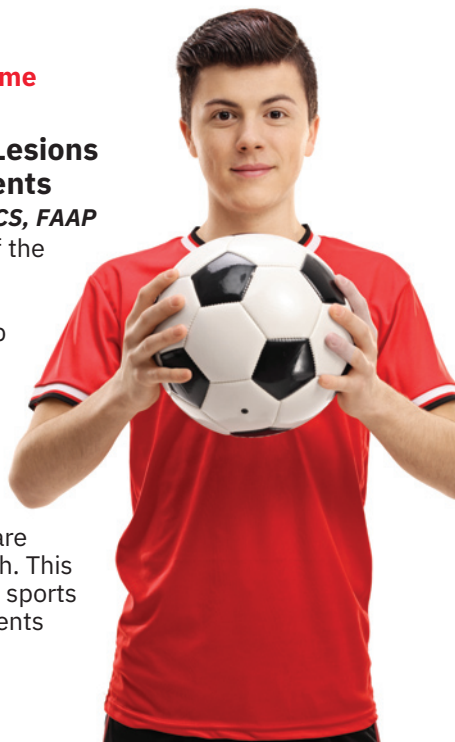
Sherif Emil, MD, CM, FRCSC, FACS, FAAP

This lecture will review some of the common breast lesions seen in children and adolescents and emphasize appropriate work-up and management.

8:55 - 9:30 **Back on the Field: Common Adolescent Sports Injuries**

Thierry Pauyo, MD, FRCSC

Knee and other sports injuries are very common in the active youth. This lecture will review the common sports injuries in children and adolescents and discuss diagnosis and best practice management.



- 9:35 - 10:10 **Fetal Swollen Kidneys: Contemporary Management of Congenital Hydronephrosis**
John-Paul Capolicchio, MD, CM, FRCSC, FAAP
This lecture will present the state of the art in the diagnosis, follow-up, and treatment of congenital hydronephrosis.
- 10:10 - 10:30 **Break and Visit Exhibits**
- 10:30 - 11:05 **Looking Straight: Evaluation and Management of Strabismus**
Robert K. Koenekoop, MD, MSc, PhD, FRCSC, FARVO
This lecture will review the state of the art in the diagnosis and management of childhood strabismus.
- 11:10 - 11:45 **Tooth Be Told: Pediatric Dentistry for the Primary Care Provider**
Edwin Chan, DMD, MSc, FRCDC
This lecture will review dental caries in the pediatric population, emphasizing the primary care provider's role in the prevention and management of dental caries.
- 11:50 - 12:25 **Sniffles: An Update on Pediatric Rhinosinusitis**
Tobial McHugh, MD, FRCSC
Pediatric rhinosinusitis is a complex inflammatory process involving the paranasal sinuses which may be aggravated by multiple factors. This lecture will familiarize the audience with presentations of different rhinosinusitis pathologies, the subsequent evaluation, and appropriate management.
- 12:25 - 13:30 **Lunch Break**
Visit the Virtual Exhibit Hall

Feedback on the virtual experience from our attendees

*"In the comfort of my home !
No wasted travel time"*

*"Excellent platform,
very interactive and
easy to use!"*

*"The platform was the most
visually appealing I have seen
compared to other conferences
I have attended."*



Concurrent Sessions

13:30 - 14:20 **SESSION I** (Choice of **A** or **B**)

A Clicks and Twists: Orthopedic Problems of the Neonate and Infant

Thierry Benaroch, MD, CM, FRCSC

Orthopedic pathologies in newborns are mostly focused on foot deformities and hip issues. This workshop will look at the spectrum of hip pathologies from screening to benign hip clicks to actual hip instability.

B Too Wet: Evaluation and Management of the Drooling Child

*Sam Daniel, MD, CM, FRCSC;
Basma Dabbagh, DMD, M.Sc., FRCDC;
Beatriz Ferraz dos Santos, DDS, M.Sc.;
and Anne-Marie Sénécal, OT*

This workshop will review the aetiologies of drooling in children, the approach to assessing the severity and the health impact of drooling, treatment options, and the risks and benefits of such options.

14:30 - 15:20 **SESSION II** (Choice of **C** or **D**)

C Front and Back: Scoliosis and Chest Wall Anomalies

*Hussein Wissanji, MD, MPH, FRCSC
and Neil Saran, MD, FRCSC*

This workshop will feature surgeons from the Chest Wall Anomalies Center and Spine Clinics at the Shriners Hospital for Children who will familiarize the audience with the state of the art in the evaluation and management of these anomalies.

D Over the Top: Head and Neck Lesions in Children

*Maeve O'Neill Trudeau, MD, CM, MPH,
FRCSC and Lily Nguyen, MD, CM, FRCSC*

This workshop will cover common head and neck lesions in the pediatric age group, including congenital and acquired lesions, emphasizing appropriate investigations and treatments.

15:20 - 15:40 **Break and Visit Exhibits**

15:40 - 16:30 **SESSION III** (Choice of **E** or **F**)

E Crooked Heads: Plagiocephaly and Synostosis

*Mirko Gilardino, MD, CM, FRCSC and
Roy Dudley, MD, FRCSC*

In this workshop, a neurosurgeon and a plastic surgeon will discuss how to differentiate craniosynostosis from positional plagiocephaly, which is not due to premature suture closure. State-of-the-art multidisciplinary treatment with combined teams of neurosurgeons and plastic surgeons will be discussed.

F The Child Whose Belly Hurts

*Sherif Emil, MD, CM, FRCSC,
FACS, FAAP*

This workshop will present interactive cases that will cover the differential diagnoses of the acute abdomen in childhood. It will focus on selecting patients for referral for acute care and diagnostic modalities.

Practical Problems in Pediatrics

Course Objectives

- ✓ Emphasis on the appropriate management of pediatric problems in the office;
- ✓ Creating awareness of important advances in pediatric care;
- ✓ Direct interaction with hospital specialists in a workshop format.

Thursday, February 10, 2022

7:30 - 8:00 **Sign-In and Visit Exhibitors**

8:00 - 8:20 **Quick Quiz** – *Holly Agostino, MD and Sara Long-Gagné, MD*

8:20 - 8:55 **Fresh Off the Press: Update on Congenital CMV**
Robert Sternszus, MD

Prompt identification and early management strategies are crucial when it comes to improving neurodevelopmental outcomes related to congenital cytomegalovirus (CMV). Stay up to date and integrate the latest clinical guidelines in your practice.

8:55 - 9:05 **Quick Quiz**

9:05 - 9:40 **I feel it in my gut: Functional Abdominal Pain in Children**
Terry Sigman, MD

How to deal with abdominal pain that cannot be explained following a thorough clinical assessment or even further testing? Functional abdominal pain is real! Discuss this disorder with our GI expert and support your affected patients toward better outcomes.

9:40 - 9:50 **Quick Quiz**

9:50 - 10:25 **Moving in the Wrong Direction: Primary Ciliary Dyskinesia**
Adam Shapiro, MD

Ciliary dyskinesia is more common than you might think and doesn't always present with classic respiratory symptoms. Learn how to not miss PCD! When to suspect it, how to diagnose and how to manage will be covered.



10:25 - 10:50 Break and Visit Exhibits

10:50 - 11:25 Go to sleep already! Encouraging Healthy Sleep Habits in Children

Matthew Donlan, MD

Many children have trouble falling asleep or sleeping through the night. Sleep is key to optimize healthy cognitive, behavioral and physical functioning, but also crucial to the well-being of the whole family. Get helpful tips and suggestions for counselling families toward a better night's sleep.

11:35 - 12:15 SPECIAL SYMPOSIUM

Details will be posted on the website.

12:15 - 13:15 Lunch Break / Visit The Virtual Exhibit Hall

Concurrent Sessions

13:15 - 14:05 SESSION I (Choice of A or B)

A Aftershocks: Adolescent Mental Health in the Era of COVID-19

Holly Agostino, MD and Jason Bond, MD

Review with child psychiatry and adolescent medicine the impact the pandemic has had on adolescent mental health and the rise in new eating disorder presentations. Round table discussion and plenty of time for your questions will make this an interactive and engaging workshop.

B Worth a Thousand Words: Speech and Language Difficulties in Children

Gillian Morantz, MD and Heather Baer, SLP

From A to Z, discuss frequent questions and concerns related to atypical speech and language development in children, including warning signs, referral criteria, therapies and parental counselling.

14:15 - 15:05 SESSION II (Choice of C or D)

C Get “Back” Into It: An Approach to Pediatric Back Pain

Claire LeBlanc, MD

Review with our rheumatologist and sports medicine expert various causes of pediatric back pain as we discuss what investigations are needed and how to best tailor your management approach.

D Clumsy Child or Something Else? Hypotonia in School-Aged Youth

Chantal Poulin, MD

Review the causes and presentation of hypotonia outside of the infant age group. Tips and tricks to get the most reliable neurologic exam as well as initial management approach and when to refer, will be covered.

15:15 - 16:05 SESSION III (Choice of E or F)

E Choosing Wisely: Promoting Conversations Between Patients and Clinicians

Catherine Rich, MD

Choosing Wisely is an initiative seeking to encourage a widespread dialogue on avoiding unnecessary medical tests, treatments and procedures.

As each patient situation is unique, Choosing Wisely materials can help families and clinicians work together to determine the best course of action.

F S.O.S. Doctors in Distress!

Catherine Henin, MD

Feeling burned out? You are not alone! Let's start the conversation about physician mental health and wellness, and discuss strategies to build resiliency among the health care community.

16:05 - 16:10

Closing Remarks for the Day

Friday, February 11, 2022

7:30 - 8:00 Sign-In and Visit Exhibitors

8:00 - 8:15 Quick Quiz

Holly Agostino, MD and Sara Long-Gagné, MD

8:15 - 8:50 Shot through the Heart: Evaluation of Chest Pain in the Pediatric Patient

Esli Osmanliu, MD

Come review possible causes of pediatric chest pain and the initial workup with a focus on identifying cardiac from non cardiac causes.

8:50 - 9:00 Quick Quiz

9:00 - 9:35 What the Heck Is in My Neck? An Overview of Pediatric Thyroid Disorders

Preetha Krishnamoorthy, MD

From the highs & lows, to the small bumps and the large necks if it's related to the thyroid, we got it covered! Review common pediatric thyroid disorders with our friendly neighbourhood endocrinologist.

9:35 - 9:45 Quick Quiz

9:45 - 10:20 Management of Pediatric Obesity

Laurent Legault, MD

Childhood and adolescent obesity is one of the most serious public health challenges of the 21st century. This talk will cover the assessment and treatment options for the severely obese patient including current surgical interventions and their outcomes.

10:20 - 10:50 Break and Visit Exhibits

10:50 - 11:25 A Family Guide to the Pandemic: Answers to Parents' Burning Questions about COVID-19

Chris Karatzios, MD

Brought back by popular demand! Pick the brain of our infectious disease expert. Get answers to frequently-asked questions and discuss the latest updates on COVID-19.

11:25 - 11:35 Quick Quiz

11:35 - 12:10 What Is That Bulge? Abdominal Wall Hernias in Children

Sherif Emil, MD, CM

This lecture will discuss the common abdominal wall hernias in children, emphasizing appropriate guidelines for investigation and referral.

12:10 - 12:20 Quick Quiz

12:20 - 13:30 Lunch Break / Visit the Virtual Exhibit Hall

13:30 - 14:05 PID MythBusters

Giosi Di Meglio, MD

Learn (or unlearn) what you think you know about causes, risk factors and treatments of this “must not miss” diagnosis.

14:05 - 14:15 Quick Quiz

14:15 - 14:50 Sleep Tight (and Dry): Bed-wetting Solutions

Audrey Lafontaine, MD

Bed-wetting is an issue lots of children deal with every night—for many it can be the source of stress, embarrassment and even guilt. When should we be concerned? From red flags to useful tips, review all you need to know regarding enuresis in children.

14:50 - 15:00 Quick Quiz

15:00 - 15:35 Interesting Articles of the Year

Steven Treherne, MD

A perennial conference favourite! Don't miss this informative and entertaining review of the past year's most interesting and thought-provoking pediatric articles.

15:35 - 15:45 Quick Quiz and Wrap-Up

Montreal Children’s Hospital Pediatric Courses
Annual Specialty Day: Pediatric Surgery
for Non Surgeons | February 9, 2022

Practical Problems in Pediatrics | Feb. 10-11, 2022

You may register online at **www.pedscourses-mch-mcgill.ca** or fax, mail, or scan and email your completed form, along with your payment, to:

MCH Pediatric Courses Secretariat
c/o O’Donoughue & Associates Event Management Ltd.
75 chemin Mountain, Mansonville, Québec, Canada J0E 1X0
Tel: 450-292-3456, ext. 227 • Fax: 450-292-3453
E-Mail: pedscourses@odon.ca

Please use one form per participant. Please type or print legibly.

A. IDENTIFICATION

Prefix: ☐ Dr. ☐ Mr. ☐ Ms ☐Mrs. ☐ Other

Last Name:

First Name:

Title/Position:

Department/Division:

Organization:

Address:

City: Province / State:

Country: Postal / Zip Code:

Telephone (work):

Mobile phone:

Email:

☐ Physician ☐ Nurse ☐ Resident ☐ Other (please specify).....

Medical Specialty: MD (in year).....

☐ Please check this box if you **do not** want your e-mail address to appear on the list of participants which may be distributed to participants.



Montreal Children's Hospital Pediatric Courses
A Three-Day Virtual Course, February 9-11, 2022

B. CONCURRENT SESSION CHOICES

February 9, 2022

Annual Specialty Day: Pediatric Surgery for Non Surgeons

SESSION 1 – Choice of A or B

- ☐ **A)** Clicks and Twists: Orthopedic Problems of the Neonate and Infant
- ☐ **B)** Too Wet: Evaluation and Management of the Drooling Child

SESSION 2 – Choice of C or D

- ☐ **C)** Front and Back: Scoliosis and Chest Wall Anomalies
- ☐ **D)** Over the Top: Head and Neck Lesions in Children

SESSION 3 – Choice of E or F

- ☐ **E)** Crooked Heads: Plagiocephaly and Synostosis
- ☐ **F)** The Child Whose Belly Hurts

February 10, 2022

Practical Problems in Pediatrics

SESSION 1 – Choice of A or B

- ☐ **A)** Aftershocks: Adolescent Mental Health in the Era of COVID-19
- ☐ **B)** Worth a Thousand Words: Speech and Language Difficulties in Children

SESSION 2 – Choice of C or D

- ☐ **C)** Get “Back” Into It: An Approach to Pediatric Back Pain
- ☐ **D)** Clumsy Child or Something Else? Hypotonia in School-Aged Youth

SESSION 3 – Choice of E or F

- ☐ **E)** Choosing Wisely: Promoting Conversations Between Patients and Clinicians
- ☐ **F)** S.O.S. Doctors in Distress!

C. COURSE REGISTRATION

Deadline to Register:
Feb 4, 2022

**Pediatric
Surgery**
February 9, 2022

**Practical
Problems
in Pediatrics**
February 10-11, 2022

Both Courses
Pediatric Surgery /
Practical Problems
Feb. 9, 10, 11, 2022

Physician

Early Bird

before Jan. 7, 2022

☐ \$310

☐ \$530

☐ \$725

Regular

after Jan. 7, 2022

☐ \$350

☐ \$585

☐ \$800

Nurse/Resident

Early Bird

before Jan. 7, 2022

☐ \$195

☐ \$345

☐ \$460

Regular

after Jan. 7, 2022

☐ \$250

☐ \$375

☐ \$485

The fee includes access to the live online course, to the exhibits, course documentation, and access to the recordings for 30 days. A one-day registration for the Practical Problems in Pediatrics Course is \$350.

**Registration
Fee:**

\$ _____

D. PAYMENT

Payment in full must be received
no later than **February 4, 2022.**

TOTAL AMOUNT (Registration fee): \$

☐ **BY CHEQUE** (payable to "O'Donoghue & Associates
Re: Pediatrics Courses")

☐ **BY CREDIT CARD:** ☐ MasterCard ☐ VISA
☐ AMEX ☐ DISCOVER

CREDIT CARD #:

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EXPIRY DATE:

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MONTH/YEAR

.....
CARDHOLDER NAME

.....
CVV/CVD #

I hereby authorize **O'Donoghue & Associates Event Management Ltd.** to debit my credit card for the amount indicated above in "Total Amount" and I acknowledge having read the cancellation policy.

.....
SIGNATURE OF CARDHOLDER

.....
DATE

Please note that this transaction will appear on your next statement under "O'Donoghue & Associates". It will reflect the conversion rate at the time of transaction (if applicable).

PLEASE COMPLETE ALL THREE PAGES OF THIS FORM (3 of 3).